

Spiced & Roasted Cauliflower

INGREDIENTS

1 head of cauliflower, sliced in slabs 3-4 T olive oil

pinches of: cayenne paprika turmeric salt black pepper red pepper flakes

Topping (optional)

1/4 c basil leaves 1/4 c mint leaves 1 medium garlic clove 1/8 t coarse sea salt 1/4 c olive oil

DIRECTIONS

- 1. Pour the oil on the roasting sheet and then add the spices and mix until you get a pasty mixture.
- 2. Cut the cauliflower in slabs. They resemble a cross section of a tree.
- 3. Place the cauliflower slabs on the pan and make push them around to ensure they are fully coated with the spice mixture on both sides.
- 4. Roast at 425 degrees, turning once to get a nice roasting on both sides.
- 5. While the cauliflower is roasting, using a mortar and pestle, crush the basil, mint, garlic and salt together to form a paste. Then add the oil to create a salsa like mixture.

This side dish makes a nice addition to a Meze platter. A perfect side dish to fish or steak. Of course, any Indian inspired food would be a natural plate partner.