

The Not Sweet Fruit Tart

INGREDIENTS

Puff Pastry sheet
1 1/2 c Mascarpone Cheese
1 pint Heavy Cream
1 Qt Strawberries
2 c Blackberries
1.5 c Raspberries
1/3 c Strawberry Jam
2 T Juice of an orange juice & zest

INSTRUCTIONS

- 1. Roll out a puff pastry sheet large enough to fit a 10" pastry pan with removable bottom. Once placed in the pan, use the rolling pin to cut a clean top edge.
- 2. Blind bake* the shell at 425 degrees until completely cooked to a golden brown. Then set aside to cool.
- 3. While the shell is baking, simmer the strawberry jam with 2 T of juice of orange & 2 t zest, reducing until thick. Set aside and let cool. (I would imagine that using jam without the reduction would also work.)
- 4. Whip the full pint of heavy cream until stiff peaks. Remove half and reserve for extra topping.
- 5. Using a spatula, gently fold in the mascarpone cheese, orange zest and blend until combined. Do not over mix in order to not deflate the whipped cream.
- 6. Gently spread a thin layer of the jam on the bottom of the pie crust.
- 7. Fill with the cream mixture.
- 8. Cut the strawberries and arrange all along the outer edge. Then fill in with the rest of the fruit.
- 9. Add mint leaves for decoration as well as a refreshing addition. Serve with more whipped cream

Note: When rolling out the pastry dough there will be left over pieces. If you feel like getting fancy, as I did you can cut them into shapes and use them to decorate the top of the pie. I used a small leaf shaped cookie cutter. I baked them at the same time as the crust, then used as faux strawberries to top the pie. I added cream on one side to adhere them to the pie then topped them with jam to make them look like strawberries. Sprigs of mint not only added a pop of color but acted as the leaves to the faux strawberries. But go ahead and explore your own creative decorating ideas.

*Blind baking: Baking a crust without the filing. Some bakers use tin foil filled with dried beans, rice or baking weights to weigh the pastry down. I simply use tin foil and smaller baking pan on top.